

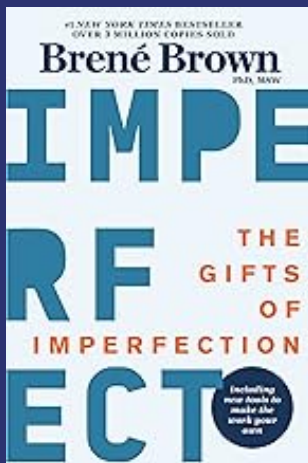
WOMEN CREATING COMMUNITY

Women's Spiritual Growth led by Rosanna McFadden

The Gifts of Imperfection by Brené Brown

In *The Gifts of Imperfection*, Brené Brown, PhD, a leading expert on shame, authenticity and belonging, shares what she's learned from a decade of research on the power of Wholehearted Living--a way of engaging with the world from a place of worthiness.

In her ten guideposts, Brown engages our minds, hearts, and spirits as she explores how we can cultivate the courage, compassion, and connection to wake up in the morning and think, "No matter what gets done and how much is left undone, I am enough," and to go to bed at night thinking, "Yes, I am sometimes afraid, but I am also brave. And, yes, I am imperfect and vulnerable, but that doesn't change the truth that I am worthy of love and belonging."



Meeting dates are the first Thursday of each month, September through May

September 5, 2024
October 3, 2024
November 7, 2024
December 5, 2024

February 6, 2025
March 6, 2025
April 3, 2025
May 1, 2025

Participants are responsible for purchasing their own books.
The 2010 edition is recommended.

Registration is Open Now.

The cost is \$125 for each half-year, payable
September 1, 2024 and February 1, 2025.

Meetings are at Ulrich Lodge unless otherwise indicated
9:00 am - 3:00 pm including lunch

A partial scholarship for the year is available.
Contact gene@campmack.org for information.

Register at:

<https://www.campmack.org/retreats-and-events/#spiritual>
Or call: 574-658-4831

